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# THE Kemptville Advance

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March 5, 2015 | 64 pages

InsideOttawaValley.com

## North Grenville to see many capital projects in 2015

Jennifer Westendorp  
westendorpj@metroland.ca

It's a big year for capital projects in North Grenville.

Municipal employees have begun preparing tenders for the various projects in 2015.

On the roads side alone, an estimated \$2.1 million worth of projects will be undertaken in North Grenville this year.

Karen Dunlop, Director of Public Works, explained various capital projects moving into the future will be done to address aging infrastructure in North Grenville.

"We are trying to catch up on some roads," said Dunlop.

The first roads capital project is the replacement of a 1996 International plow truck, owned by the municipality.

"We are looking into leasing with a buy back clause," said Dunlop.

The estimated annual cost of leasing a new plow truck is \$58,460.

The second roads capital project is the replacement of one of the tractor mount mowers, used for roadside ditches.

"We rent a tractor for six weeks every year, but own the mower mount that attaches to it and operate it ourselves," said Dunlop.

The brand new mower is estimated to cost \$15,000.

The third roads capital project is a gravel rebuild of Bedell Road, from Denison Road eastwardly to the pavement. This project is estimated to cost \$400,000.

The next four roads capital projects

are either an overlay or pulverize and re-pave, including Craig Road (from Todd School Road to Donoghue Road), River Road (from Actons Corners Road West to lot 11), Concession Road (from Victoria Park to the Dickinson Trail) and various urban locations that have yet to be determined. The total estimated cost of these four roads capital projects is \$2,400,000.

The next two roads capital projects are the surface treatment of Haskins Road (full length) and Davis Road (full length). The total estimated cost of both roads capital projects is \$225,000.

"We are also doing a section of River Road, from County Road 44 to Settlers Way, which will be a full rebuild, including a bike path," said Dunlop.

The estimated cost of that capital project is \$320,000. "We are rebuilding and widening the road to accommodate for a bike path," said Dunlop. "We will be doing drainage realignments and some entrance culverts may need to be moved."

The next capital roads project is the rehabilitation of streets in Burritts Rapids, including East Street (from Centre Street to the dead end) and Centre Street (from Grenville Street to East Street).

"We are going to remove the sidewalks and the road and start fresh," said Dunlop. "The current sidewalks along those streets have multiple layers of asphalt, from years of overlays, which eventually need to be ripped out and redone."

Bridge repairs are also on the way in North Grenville. A five year program is

in place to address the 13 structures in North Grenville, which are not to current guardrail standards.

"This year we are going to be looking at the end treatments and guardrails," said Dunlop. "The end treatments are known as speed attenuators, which break when struck and slow down a vehicle. They save lives."

She explained the municipality hoping to upgrade at least four bridges this year, by partnering with the County of Leeds and Grenville on the projects. The estimated cost per structure is \$20,000.

"Not all the structures need to be upgraded, but over the next five years, we are seeking to address all the issues," said Dunlop.

Sidewalks are also on the project list, including the expansion of the link between County Road 43 and the North Grenville Municipal Centre, which is estimated to cost \$51,000.

"We are going to extend the concrete sidewalk and connect it to the municipal center's parking lot," said Dunlop. On Concession Road, an asphalt project will be built from North Grenville District High School out to Hurd Street, which will cost an estimated \$32,000.

The design of a pedestrian link for County Road 44 to River Road is estimated to cost \$160,000.

The municipality is also planning to purchase a speed tracker, to conduct traffic counts on municipal roadways, at an estimated cost of \$6,000.

See Many



Jennifer Westendorp/METROLAND

## Alien invasion?

The grades three and four split class at Oxford-On-Rideau Public School were busy making aliens on Feb. 27, in conjunction with the book launch of 'Have You Hugged Your Alien Today?', by local author Anne Walsh. Pictured, Theo Taylor covered his alien with tin foil armour and made him a hover board to fly on.

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# THE Kempville Advance

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**2ND SECTION**

InsideOttawaValley.com



Jennifer Westendorp/METROLAND

Anne Walsh holds a copy of her book, 'Have You Hugged Your Alien Today?,' surrounded by the grades three and four split class at Oxford-On-Rideau on Feb. 27. The book is a tool for the art workshop's Walsh hosts at area schools, which teach children in a creative and interactive way that all emotions are normal.

## 'Have You Hugged Your Alien Today?' teaches valuable lesson to children

Jennifer Westendorp  
jwestendorp@periprint.ca

Anne Walsh, author of "Have You Hugged Your Alien Today?," held a book launch at Oxford-On-Rideau on Feb. 27.

She explained the book is all about teaching kids emotions are normal.

"The little girl in the book feels like there's an alien inside her who takes over sometimes," said Walsh. "A separate part of herself. She's not an alien or a princess, but both. It teaches kids the importance of self-expression."

She explained the idea for the book came from her own experiences as a parent.

"Sometimes, when kids act up, they become someone a parent hardly recognizes," said Walsh. "Then, after everything has calmed down, when you ask them what happened, they don't know. It's like something takes over and they turn into aliens."

Walsh has been doing art workshops at area schools, including Kempville

Public School and Oxford-On-Rideau, for the past three years.

"Doing the workshops with kids is what inspired me to write the book," said Walsh.

She explained she wants to impart life skills onto children.

"Methods of forming friendships, dealing with problems those kinds

of things," said Walsh. "I started doing these workshops in my daughter's class and it just grew from there."

She explained the book is a tool for her workshops, having searched for similar material and come up short.

See Fun page K2

**LO CONTINUED**

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## Senior Centre welcomes March

Community – The New Year has arrived and activities are in full swing at the beautiful Cheryl J. Brown Centre. The Centre is located at 215 Slanders St., Suite 101 in Old Town Kempenville. Stop by to check out the Centre, they would love to see you. The exercise classes (now three times a week) can help out with the New Year resolutions!

### Thursday March 5

Exercise Class  
9:00-10:00am  
Sing'nSwing'n Seniors  
1:30 start  
Foot Care Clinic  
By appointment

### Friday March 6

Exercise Class  
11:00 – 12 noon  
Foot Care Clinic  
By appointment  
Alzheimer Society  
1-3 pm Education session "Diagnosis, medications & treatment"

### Monday March 9

Eachre  
1:00 to 3:00

### Tuesday March 10

Exercise Class  
9:00-10:00am  
Art Class with Gayle

10:00-12 noon

Create-a-Card with Tina  
1:30-3:30

### Wednesday March 11

Brush-up Brldge  
9:00 to 11:00  
Diners Club

12 noon by reservation

### Thursday March 12

Exercise Class  
9:00-10:00am  
Sing'nSwing'n Seniors  
1:30 start

### Friday March 13

Exercise Class  
11:00 – 12 noon

### Monday March 16

Eachre  
1:00 to 3:00  
Parkinson Support Meeting  
1:30 start

### Tuesday March 17

Exercise Class  
9:00-10:00am  
Art Class with Gayle  
10:00-12 noon

### Wednesday March 18

Brush-up Brldge  
9-11 am  
Diners Club, St. Patrick's Day celebration

12 noon by reservation

### Thursday March 19

Exercise Class  
9:00-10:00am  
Sing'nSwing'n Seniors  
1:30 start

### Friday March 20

Exercise Class  
11:00 – 12 noon  
Alzheimer Society  
1-3 pm Education session "Legal & Financial"

### Monday March 23

Eachre  
1:00 to 3:00

### Tuesday March 24

Exercise Class  
9:00-10:00am  
Art Class with Gayle  
10:00-12 noon

Create-a-Card with Tina  
1:30-3:30

### Wednesday March 25

Brush-up Brldge  
9-11 am  
Diners Club  
12 noon by reservation  
Catered by Victorian Pantry

### Thursday March 26

Exercise Class  
9:00-10:00am  
Sing'n, Swing'n Seniors

1:30 start

### Friday March 27

Foot Care Clinic  
By appointment  
Exercise Class  
11:00 – 12 noon

### Monday March 30

Eachre  
1:00 to 3:00

### Tuesday March 31

Exercise Class  
9:00-10:00am  
Art Class with Gayle

10:00-12 noon

Create-a-Card with Tina  
1:30-3:30

The need for services have increased almost 50per cent ever since 1991! There is a huge need for volunteers to drive seniors and adults with physical disabilities to medical appointments etc.

There is an honorarium offered to the drivers for the drives to help offset the costs of driving. Available seniors' people can opt to be volunteer as their schedules allow. For more information on how to get involved in the activities, call to volunteer, please call KD151, 613-258-3203 or stop by the Centre.

## FUN

From page K1

"I couldn't find a book that showed kids emotions were normal," said Walsh. "So I wrote my own, to use in conjunction with the workshops I do."

Walsh has two children of her own, aged six and nine, who attend Kempenville Public School.

She has a BA in psychology and also studied art therapy, as a way to better communicate with people who have dementia.

"I had to find a way to communicate with them that was non-verbal," said Walsh. "That's how I got into art therapy."

Walsh read "Have You Hugged Your Alien Today?" to the grade three and four split class at Oxford that day. She also brought materials for each student to craft their own alien, including clay, glittery Easter eggs, tin foil, popsize sticks, glue and zip ties.

The kids were having a grand old time shaping and creating their own alien friends.

They said it was fun making their own aliens because they got to play with clay and watch vari-

ous parts of the aliens fall off as the activity progressed.

The kids enjoyed the book because the little girl had a big imagination and every time she imagined stuff, it showed in the book what she was imagining.

The kids said if they were aliens they would visit all sorts of weird places, including the ice cream store, the inside of a shoe and an alien's house.

Some of the unique names they came up with included Super Bob, Chopper and Princess.

"I like to give kids the opportunity to be creative," said Walsh. She also made "copying cards" with the kids, which centered around a discussion about how to positively deal with various emotions they experience.

This is the first children's book Walsh has published. The illustrator for the book was Meredith Luce. "Have You Hugged Your Alien Today?" is available on Amazon.ca or by emailing Walsh at [artsoslo@gripnet.com](mailto:artsoslo@gripnet.com).

## MANY

From front page

It will be purchased in conjunction with the North Grenville Police Service Board.

The design of underground infrastructure, including storm, sanitary, water and roadway alignment, from Bridge Street to the pavement on Wellington Street, is estimated to cost \$100,000.

On the water and sewer end of things, an estimated \$2.7 million will go towards capital projects, including an Ultra Violet (UV) system, which will be installed at the waste water plant in Kempenville, at an estimated cost of \$200,000.

"The system there now is from 1993 and is no longer supported," said Dunlop.

The design for the extension of town sewer on County Road 44, down to the North Grenville Fire Hall, will also be done this year.

"We are also going to start in 2015, a multi-year program to replace all the water meters in town to radio frequency units," said Dunlop.

She explained the current water meters were installed in 2001 and have come to the end of their useful life.

"Every 10 to 15 years, we need to switch out all the water meters," said Dunlop.

She explained there are roughly 1,900 water meters in the system, but some are brand new, which leaves an estimated 1,600 that need replacing.

"We are doing that project in-house (not tendered out)," said Dunlop. "It will cost approximately \$150,000 per year, for the next four or five years."

The big water and sewer capital project this year, the connection of the circumferential 300 mm (12 inch) water main, down County Road 19, along Van Baren Street, to the old rail bed, is estimated to cost \$1.5 million.

"Extending the town water increases quantity and quality controls," said Dunlop.

**W**

If you have a story idea, please contact Jennifer Westendorp at [jwestendorp@perprint.ca](mailto:jwestendorp@perprint.ca)

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